

2020 PROGRAMME

Friday, April 8 2022

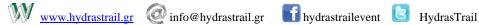
- 18.00 Registration Desk-Secretariat open
- 22.00 Registration Desk-Secretariat close

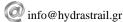
Saturday, April 9 2022

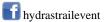
- 11.30 Registration Desk-Secretariat open
- 13.30 Technical briefing for Mountain Relay Race 5k
- 14.00 Start of Mountain Relay Race 5k
- **16.00 End of Mountain Relay Race 5k**
- 16.30 Start of Junior's Mini Race, 1.200 metres
- 16.45 Start of Junior's Mini Race, 1.600 metres
- 17.00 Start of Run & Fun Race
- **18.30 Technical briefing for Rock Race**
- 19.00 Technical briefing for Hydra's Trail Marathon
- 20.00 Pasta party

(Strictly only for athletes and their companions and according to **current protocol** to prevent the spread of COVID-19)

20.00 Registration Desk-Secretariat close









Sunday, April 10 2022

- 07.30 Registration Desk-Secretariat open
- 08.00 Start of Hydra's Trail Marathon
- 09.00 Start of the Rock Race
- 12.30 End of the Rock Race
- 16.00 Awards and prizes ceremony
- 16.30 End of the Hydra's Trail Marathon Race
- 16.45 End of the event
- 17.30 Athletes' departure to Athens, by boats and buses
 - 1. Registration Desk-Secretariat will be at
 - Melina Mercouri Hall
 - 2. Technical briefing will take place at
 - Melina Mercouri Hall
 - 3. Pasta Party will take place at
 - The place will be announced in due course

