



## 2020 PROGRAMME

### Friday, April 8 2022

**18.00 Registration Desk-Secretariat open**

**22.00 Registration Desk-Secretariat close**

### Saturday, April 9 2022

**11.30 Registration Desk-Secretariat open**

**13.30 Technical briefing for Mountain Relay Race 5k**

**14.00 Start of Mountain Relay Race 5k**

**16.00 End of Mountain Relay Race 5k**

**16.30 Start of Junior's Mini Race, 1.200 metres**

**16.45 Start of Junior's Mini Race, 1.600 metres**

**17.00 Start of Run & Fun Race**

**18.30 Technical briefing for Rock Race**

**19.00 Technical briefing for Hydra's Trail Marathon**

**20.00 Pasta party**

**(Strictly only for athletes and their companions and according to current protocol to prevent the spread of COVID-19)**

**20.00 Registration Desk-Secretariat close**



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## **Sunday, April 10 2022**

**07.30 Registration Desk-Secretariat open**

**08.00 Start of Hydra's Trail Marathon**

**09.00 Start of the Rock Race**

**12.30 End of the Rock Race**

**16.00 Awards and prizes ceremony**

**16.30 End of the Hydra's Trail Marathon Race**

**16.45 End of the event**

**17.30 Athletes' departure to Athens, by boats and buses**

- 1. Registration Desk-Secretariat will be at*
  - ***Melina Mercouri Hall***
  
- 2. Technical briefing will take place at*
  - ***Melina Mercouri Hall***
  
- 3. Pasta Party will take place at*
  - ***The place will be announced in due course***

