



22 November, 2019

Something new is coming to Hydra...

One more “Hydra’s Trail Event” is on the way, this time...

REVAMPED!

Once again Hydra will be present on the year’s calendar of mountain running, this time with new exciting races.

Our beautiful island, with its unique absence of motorized vehicles, boasts a magnificent network of mountain trails which lead to mountain peaks offering unobstructed views to the Argosaronic and Aegean seas.

In order to feature more trails and off-the-beaten-track beaches we have upgraded our routes, offering every participant the opportunity to enjoy an unparalleled mix of mountain and sea. So, this year - for the first time - our athletes will have the opportunity to run a **Mountain Marathon** on Hydra.


The long race, renamed **Hydra’s Trail Marathon**, will now be 37 km, with a 2000m cumulative elevation gain. While most of the route is the same as the old one, 5 magnificent new trails and the beautiful beaches of Nisiza and Molos have been added.


The shorter **Rock Race** is also upgraded to 17,5 km with a 980m cumulative elevation gain. Participating athletes will have the opportunity to admire - for the first time - Klimaki, the back (south-eastern) side of the island and pass through the historic Monastery of Profitis Ilias, where lies the prison cell where Theodoros Kolokotronis was incarcerated.

Of course - as always - on Saturday, on the eve of the big races, the all-familiar 5km **Run n’ Fun** race will take place through the narrow, cobblestone streets of the most picturesque Hydra neighbourhoods.

Online registration for Hydra’s Trail Event 2020, at www.hydrastrail.gr, opens on January 1st and will last until the all-familiar 1000 entry limit is reached.

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 www.hydrastrail.gr

Our aspiration is to offer participants the opportunity to admire the island's unique natural and cultural beauty and enjoy an athletic weekend on one of the most beautiful locations that Greece has to offer. The trail routes have been designed to include mountainous and coastal trails as well as cobblestone routes through Hydra's quaint, residential areas.

Hydra's Trail Event 2020 will take place on **April 4th and 5th** on Hydra, an ideal destination for mountain runners, where the trails are "in the driver's seat" and unmatched beauty awaits you at every turn!

As every year, we invite you all to spend with us an unforgettable weekend, full of athletic spirit, action and plenty of fun.

Organization Committee

Hydra's Trail Event